

FIND OUT

HOW TO GET BEST OUT OF THE FAMILY LIFE



We will be running an in-person Nurturing Program for Parents of autistic children, children with ADHD, or children with learning disability.

The first session will be held at 10 am-12 noon on

Friday, 26th September 2025.

Sessions will take place every Friday for 10 weeks, finishing on

Friday 5th December 2025.

Address: Barnet Mencap Office, 35 Hendon Lane, Finchley, N3 1RT.

Half-term break: Friday 31st of October, no session

This is a course for parents, and there are limited spaces.

For more information or to book your space now, please contact Project Support via projectsupport@barnetmencap.org.uk or telephone

020 8349 3842.