

Barnet
mencap

Children's Services

Offering support, advocacy, and
short breaks for parents of children and
young people in the borough of Barnet



Contacts Tel: 020 8349 3842

Email: projectsupport@barnetmencap.org.uk

Website: www.barnetmencap.org.uk

Find 'Barnet Mencap' on Facebook/Twitter

IAG Advisors

Information, advice, guidance and support for parent carers of children and young people aged 0-25 with a learning disability and/or autism, or ADHD



Our services:

Advice, information and guidance for individual families

Workshops on topics of interest and **parenting courses**

We can offer

Telephone advice and information and/or home visits

The opportunity for parents and carers to discuss the needs of their son or daughter

Support when writing letters to the Local Authority or preparing for meetings

Help to access services

Help to access disability benefits and make charity applications if appropriate

Regular parenting workshops on topics such as SEN Support, CAFs, behavioural tips, and sensory processing problems

We work with:

- Fair Play Barnet
- Homestart
- Barnet SENDIASS
- London Borough of Barnet
- Barnet Carers Centre
- Parents Groups
- CommUNITY Barnet
- Schools
- Health professionals
- Housing and others

Open Door

Our service for families with a child aged 0-5 with additional needs



What we offer:

- Signposting, information, and advice.
- Support to claim disability benefits, charity applications, Blue Badges, and Short Breaks.
- Some Family Fun Days and other activities during the school holidays



find out

how to get the best out of family life



We will be running an in person Nurturing Programme for parents of autistic children and children with learning disabilities

The first session will be held at the Barnet Mencap office at
35 Hendon Lane, Finchley, N3 1RT at
10am-12 noon on **Tuesday 19th September 2023**

Sessions will take place every Tuesday for 10 weeks, finishing
on Tuesday 5th December

There will be no session on 24th October as it is half-term

This is a course for parents and there are limited spaces. For more information or to book your space now, please contact Project Support via projectsupport@barnetmencap.org or telephone **020 8349 3842**

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We will be running an in person Nurturing Programme for parents of children with ADHD

The first session will be held at the Barnet Mencap office at
35 Hendon Lane, Finchley, N3 1RT at
10am-12 noon on Friday 22nd September 2023

Sessions will take place every Friday for 10 weeks, finishing on
Friday 8th December

There will be no session on 27th October as it is half-term

This is a course for parents and there are limited spaces. For more information or to book your space now, please contact Project Support via projectsupport@barnetmencap.org or telephone **020 8349 3842**

Take a Break

This is Barnet Mencap's Short Breaks service for children and young people with a learning disability and/or autism



Take a Break offers short breaks at home or outings in the community to children and young people with Autistic Spectrum conditions, those with impairments such as learning disabilities, or behaviours that challenge. Or those that have complex health needs including those with a disability or life limiting conditions.

To use **Take a Break** you must

- Live in the borough of Barnet
- Be from age 0-19
- Meet Barnet's Short Breaks eligibility criteria



We can offer:

- 1 to 1 support
- Holiday group activities
- Young Men's Group (12-17 year olds)

Our activities include:

- Bowling
- Seasonal events
- Movie afternoons
- Soft play sessions
- Arts and crafts
- Sports and fitness activities
- Activity days
- Drama
- Farm trips
- Sensory activities

And much more.



Barnet Mencap is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.

We have a number of policies and procedures in place that contribute to our safeguarding commitment, including our Child Protection Policy.

Sometimes we may need to share information and work in partnership with other agencies when there are concerns about a child's welfare. We will ensure that our concerns about a child or young person are discussed with his/her parents/carers first unless we have reason to believe that such a move would be contrary to the child's welfare.

Barnet Mencap is strongly opposed to bullying and harassment. Where there are concerns about it, managers will act promptly to tackle it. More than that, managers, directors and staff will do all they can to promote positive working relationships, with mutual respect, and do everything they can to prevent the conditions where bullying and harassment can flourish.

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