

2019

Annual Report



Contents



A child playing games as part of the Short Breaks Summer Activity Camp.
Cover: A COPs trip to Kenwood House. Back: One of our TAB Superheroes

3	Introduction 2019 Board of Trustees 2018/19
4	Bright Futures
6	Equality Housing
7	Autism Service

8	Children's Services
9	Short Breaks
10	Hate Crime Reporting
11	Expect the Best

12	Office
13	Fundraising
14	Financial Review
16	Thanking our Supporters

Barnet Mencap - Registered Charity No: 1089388 Affiliated to Royal Mencap Society. Working together with Barnet Council.
A Company Limited by Guarantee. Registered in England and Wales Company Registration No: 4274621



Our Board of Trustees

Chair's Report

Hello, my name is Andrew Waite and this is my second year as Chair of Trustees at Barnet Mencap.

Things have been difficult around money this year but we think everything will be good next year if we all help.

Fundraising is something we all need to do more of this coming year.

We have got more members involved with Barnet Mencap and want you to help us to get more.

A highlight of the year was when the Care Quality Commission (CQC) agreed that Sherrick House is "GOOD".

Thank you to all staff, volunteers, clients, carers and members for making Barnet Mencap even better.

Each Trustee has a volunteer job to do. For details, please see this list of trustees on the right.

Board of Trustees 2018/19

Andrew Waite, *Chair*

Sheila Oliver, *Vice-Chair (and HR Sub-Committee Chair)*

Mike Wiffen, *Honorary Treasurer (and Finance Sub-Committee Chair)*

Ray Booth, *Chief Executive Officer and Company Secretary*

Tom Glenister, *Fundraising (appointed 21st November 2018)*

Meg Kirk, *Premises*

Faib Riley, *Safeguarding (appointed 21st November 2018)*

Cristina Sarb, *Legal and Digital*

Sally Wickenden (resigned 21st November 2018)

- 35 Hendon Lane, Finchley, London N3 1RT
- Tel: 020 8349 3842
- Fax: 020 8349 2192
- projectsupport@barnetmencap.org.uk
- www.barnetmencap.org.uk

Bright Futures



A harvest from a COPS allotment session

Bright Futures is made up of our ‘COPS’ project, ‘**Working for You**’, the **Employment project** and **Engagement** work.

COPs (Community Opportunities Project) provides social, leisure and learning opportunities in the community for adults with a learning disability and/or autism.

The activities ranged from sailing, tennis, golf and swimming to theatre, museums, market trips,

lunch on the river and overnight stay to Longleat.

The impact of these activities were that friendships were forged and clients become more active and less social isolated.



COPs
hosted
472
sessions
with 157 activity
members and some
non-members



**Working
for You**
supported
over 355
clients, 116 were
using the service for
the first time.

Working for You is an information, advice and guidance service offering help and support to adults with learning disabilities and/or autism. We support any problem or difficulty however big or small.

The service advisors have achieved some fantastic outcomes for our clients. Over half of our referrals are for benefit issues. Our success rate for gaining the right benefits and winning the appeals has been very high.

We support family carers with life planning, helping them to think about the future for their loved ones as well as navigating and supporting them through this process.

The Employment Project supports people with a learning disability into work, every step of the way.

Being employed is about more than earning money. It's about feeling valued, independent and fulfilled. We're doing everything we can to make this possible for more people with a learning disability.

People found employment in a range of different sectors including: Retail,

Leisure, Hospitality, Security and Administration.

We also supported a number of clients into voluntary and work placement opportunities which has increased their overall confidence and motivation.

Engagement raises awareness about Learning Disability and/or Autism through training external organisations and the different Barnet Mencap teams, and running the 'Have Your Say' group.

We delivered some bespoke Makaton training for 22 medical/children's centre staff.

And members of the 'Have Your Say' group gave feedback on 30 proposed projects and plans.

They also gathered 60 signatures to support the Sweet Tree Farm Campaign. And in Learning Disability week persuaded 129 hospital staff to pledge to make Reasonable Adjustments for people with Learning Disability in their hospital roles and to learn some Makaton.



We supported over 20 clients into sustainable paid employment



We trained over 208 staff at 11 organisations to raise awareness of Learning Disability and/or Autism

Equality Housing



An Equality Housing social outing on a boat

Equality Housing provides people with the tailored support they need to live independently in the community, enjoying happy, healthy and active lives.

We have supported new tenants to move into the scheme and others to move into flats of their own. We have supported all clients to keep out of debt and to manage their money, enabling them to go on

holidays, furnish their homes and attend fun activities.

Many of our clients are in paid work and all enjoy the fun activities we provided as well as their day to day support sessions.



We encourage clients to make healthy eating choices



We supported 67 clients to live independently



The Autism Service provides free screenings to adults with autism or suspected autism, as well as information, advice, support, events, training and workshops.

We have carried out 50 events and activities in the community and 13 free workshops for clients. We started a monthly drop in at Middlesex University to support students with suspected autism.



A trip to the BBC Proms with the Autism Social Group

We delivered Autism Awareness training to organisations and members of the public all year.

We have supported over 250 adults with autism



We have carried out 50 events and activities





Children's Services support parents of children and young people with additional needs with Information, Advice and Guidance (IAG), parenting programmes and play activities for children and young people 0-18 years.

Many families were supported with housing and other benefit issues. We supported families to improve their economic circumstances with our IAG team.

A lot of families were supported to get funding for Short Breaks and the Family Fund to access

holiday clubs and one to one support for their children, or grants for a variety of things including play equipment and sensory toys.

We delivered 5 Parenting Programmes to 65 parents and carers who have children with additional needs.



**We saw 597 families;
251 were new families**





Service users on a trip to Barcelona

Short Breaks includes a programme of holidays for adults; overnight short breaks for adults at Sherrick House; and Take a Break (TAB) short breaks for children and young people.

We have expanded our Short Breaks portfolio to include TAB Social Inclusion Summer and Autumn Camps for children and young people, reaching out to more families than before.

Everyone can enjoy new experiences and socialise whilst carers and siblings can relax, do

other tasks and spend time with family and friends.

Sherrick House celebrated its 40th birthday. Next year we will offer a wider programme of holidays in the UK and abroad to develop its services for the future. Please contact us to discuss opportunities for short breaks.



18 children enjoyed our summer holiday camp with TAB



CQC rated us as "GOOD"



Hate Crime Reporting



CLlr Thompson with Community Security Trust and Metropolitan Police at a Hate Crime Awareness Week session at Middlesex University

Hate Crime Reporting Project supports vulnerable adults to identify and report all strands of hate crime and hate related incidents, including disability, race, religious and faith hate crime and anti-LGBT hate crime.

We deliver staff training workshops on identifying and reporting hate crime and awareness raising workshops for members of the public and clients, including training to be “Hate Crime Reporting Champions”.

We circulate regular Hate Crime Bulletins containing information

about local hate crime statistics and news stories.

We gave 9 training sessions to 118 staff from other organisations. We also held 16 Hate Crime Awareness workshops, which were attended by more than 300 clients, carers and professionals.



15 Hate Crime incidents recorded and clients offered support



285 residents signed up to be Hate Crime Reporting Champions





A Quality Checker carrying out a check

Expect the Best is a service which carries out quality checks of health and social care providers. Most of our team have disabilities themselves so they can offer first-hand experience.

Expect the Best did quality checks on health services in Tower Hamlets. The team went to the Royal London Hospital and GP surgeries.

The team also did quality checks on supported living and day services in Central London

We welcomed 13 Quality Checkers onto the Expect the Best team but Stacey McNelis, the manager, found another job and left earlier in 2019.

It has been hard for Expect the Best to find more work. Commissioners do not have the money to fund quality checks.



We welcomed 13
Quality Checkers
onto the Expect the
Best team



Office



Rona, one of our regular office volunteers

Our **office** in Hendon Lane takes care of all Barnet Mencap staff, finances, communications, safety matters, IT and technology, and often it is us who deal with your general enquires.

19 volunteers help us in the office regularly, and they were our social media stars too. Please ask if you would like to volunteer with us.

We invested a lot in our IT so that we can work away from the office and keep all our information safe.

Our new website is updated regularly, check it out at www.barnetmencap.org.uk.

You can also find us on Facebook, Twitter and Instagram as @barnetmencap



Our first ever staff survey showed that 95.5% of staff are proud to work at Barnet Mencap



Barnet Mencap's new website was launched in November 2018



Fundraising

The fundraiser, staff and volunteers helped with **fundraising** for Barnet Mencap, which was allocated to areas of need.

The amount of money raised helped Barnet Mencap as an organisation through times of uncertainty so it can continue to support clients and families in need.

Clients also enjoyed raising funds and being part of the Barnet Mencap fundraising experience.

We are very grateful to all our supporters this year, please see the list of thank yous on the back page.

We always welcome ideas and people fundraising on our behalf

such as cake sales, fun runs, birthday donations and other challenge events.



Running the Vitality Half Marathon for Barnet Mencap



Fun runs alone raised **£2,500** in 2018-19.



Summary Statement of Financial Activities 2018/19

The charity’s activities in 2018/19 resulted in a deficit of around £29,800 and left our unrestricted reserves at around £356,000 at 31 March 2019. After deducting monies that the Board has designated for specific purposes our ‘usable’ reserves stood at £253,000 which is in line with the charity’s policy on reserves.

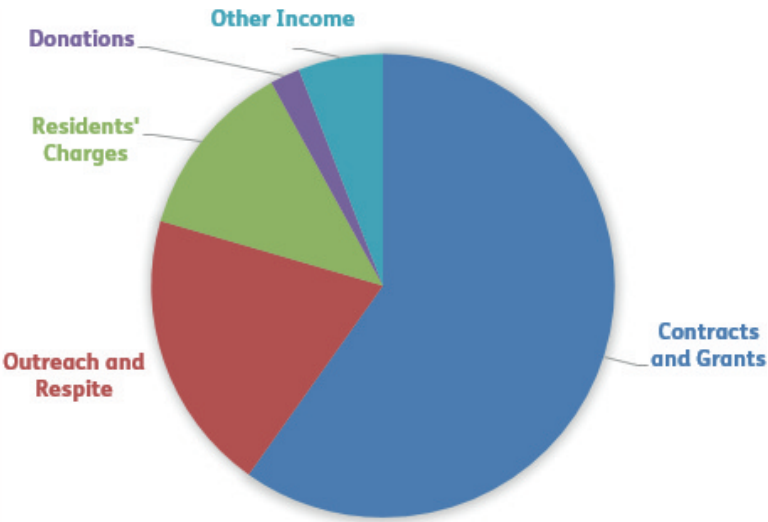
Our income in 2018/19 was slightly less than the previous year, down by some £29,000 to £1,511,300. Contracts and grants continue to be our main source of income at 59.8%, over 3% above the previous year. We continue to explore alternative sources of income to support our activities.

Expenditure was at broadly the same level as in 2017/18, with staffing costs including national insurance and pension contributions amounting to 68.5% of our expenditure. Behind all these figures are the services we provide and the people we support. The summary report and the full trustees report aim to tell the story of how we have invested in services and the impact this has made on people’s lives.

The charity remains in reasonable shape financially but it cannot continue to make annual deficits. The Board is conscious of a number

Where our money came from...

Contracts and Grants	£904,400
Outreach and Respite	£297,200
Residents' Charges	£188,800
Donations	£31,600
Other Income	£89,300
TOTAL	£1,511,300



of risks that face it. The economic situation facing the voluntary sector remains uncertain, and even though we may have left the European Union by the time you read this, the impact of that remains unclear. Similarly it is expected that there will be a General Election in the near

future, the outcome of which is unpredictable, which again leads to uncertainties. Barnet Mencap will continue to maintain and improve its services, looking for funding and development opportunities as they arise.

Mike Wiffen, Treasurer

...And where it was spent



...And what we're worth



This is a summary of the information contained in our audited accounts for 2018/19. For a copy of the full Annual Report and Financial Statements 2018/19 please visit our website at www.barnetmencap.org.uk



Barnet Mencap would like to thank you for your support in 2018/19

ASDA ASM Amenities Barnet & Southgate College

Barnet Brookside Methodist Church Big Lottery Fund Co-Operative Group
Drummond House Gary Jelen Foundation Healthwatch Barnet Jagadamba Yoga
Levell Family London Borough of Barnet David Lund via Stock Denton Solicitors
M Magadan Metropolitan Police Service Middlesex University Mill Hill RFC
S Mortimer National Citizen Service Phoenix Outdoor Centre Royal Mencap
Santander Saracens Sports Foundation Simons Levine S Simpson Z Smith
St Mary-at-Finchley Sweettree Farming for All Tesco
University of Bedfordshire Waitrose Wong Family KM Wurr M Zelinger

and all the individuals who have given small, regular donations and/or their time
to help us and who have contributed to our work over the past year