



come and find out
how to get the best out
of family life



We will be running a 6-week Nurturing Programme for
Parents of children with ADHD

The sessions will begin at
Barnet Mencap, 35 Hendon Lane, Finchley N3 1RT
at **10am-12:30pm**
on **Tuesday 5th November 2019**
and then continue on the following 5 Tuesdays

For more information or to book your space, please contact
Project Support at projectsupport@barnetmencap.org.uk
or on **020 8349 3842**