

## JANUARY 2019

### SATURDAY

12th January 2019  
1pm to 3pm

Arts, Crafts & Games Workshop



### SUNDAY

20th January 2019  
1pm to 3pm

KPOP - Dance Workshop



### SATURDAY

26th January 2019  
1pm to 3pm

Arts, Crafts & Games Workshop



## FEBRUARY 2019

### SUNDAY

3rd February 2019  
1pm to 3pm

Martial Arts Workshop



### SATURDAY

9th February 2019  
1pm to 3pm

Arts, Crafts & Games Workshop



### SUNDAY

17th February 2019  
1pm to 3pm

KPOP Dance Workshop



### HALF TERM HOLIDAY

### FRIDAY

22nd February 2019  
1pm to 3pm

Circus Skills Workshop



# INFORMATION FOR 11-18 ACTIVITIES

PLEASE BOOK IN ADVANCE on 0208 349 3842 or e-mail: [bookings@barnetmencap.org.uk](mailto:bookings@barnetmencap.org.uk)

## JANUARY 2019

Saturday 12<sup>th</sup> January 2019

**ARTS, CRAFTS & GAMES**

At

Barnet Mencap Office (BMO)  
35 Hendon Lane  
London, N3 1RT

TIME: 1pm to 3pm

COST: FREE

Let's have Fun being Creative!!!

Themed Arts & Crafts or you can play Board Games and Nintendo Wii with your friends at Barnet Mencap.

**MEMBERS ONLY**

Sunday 20<sup>th</sup> January 2019

**KPOP DANCE WORKSHOP**

At

Finchley Lido, N12 0GL

TIME: 1pm to 3pm

COST: £3 per person

Have fun with your family and friends while you learn KPOP with Darianne.

**MEMBERS & FAMILY CAN ATTEND**

Saturday 26<sup>th</sup> January 2019

**ARTS, CRAFTS & GAMES**

At

BMO

35 Hendon Lane  
London, N3 1RT

TIME: 1pm to 3pm

COST: Free

Painting? Drawing? Building, Playing Games? What's happening at Arts and Crafts today?

Various Arts and Crafts. Board Games and Nintendo Wii.

**MEMBERS ONLY**

## FEBRUARY 2019

Sunday 3<sup>rd</sup> February 2019

**MARTIAL ARTS WORKSHOP**

At

Finchley Lido, N12 0GL

Time: 1pm to 3pm

Cost: £3.00 per person

Have fun while you learn Basic Martial Arts & Self Defence with Sensei Kevin.

**MEMBERS & FAMILY CAN ATTEND**

Saturday 9<sup>th</sup> February 2019

**ARTS, CRAFTS & GAMES**

At

BMO

35 Hendon Lane  
London, N3 1RT

TIME: 1pm to 3pm

COST: Free

What are we making today??? Come and join in being creative with Barnet Mencap.

Various Arts and Crafts. Board Games and Nintendo Wii.

**MEMBERS ONLY**

Sunday 17<sup>th</sup> February 2019

**KPOP DANCE WORKSHOP**

At

Finchley Lido, N12 0GL

TIME: 1pm to 3pm

COST: £3.00 per person

The fun continues.... Are you ready? Lets Dance, Dance, Dance.....

**MEMBERS & FAMILY CAN ATTEND**

Friday 22<sup>nd</sup> February 2019

**CIRCUS SKILLS WORKSHOP**

At

St Paul's Church  
Long Lane, Finchley  
London, N3 1RT

TIME: 1pm to 3pm

COST: £3.00 per person

Lets see who can juggle 3 balls or spin a plate on a stick!!

Learn Circus Skills with your family

**MEMBERS & FAMILY CAN ATTEND**