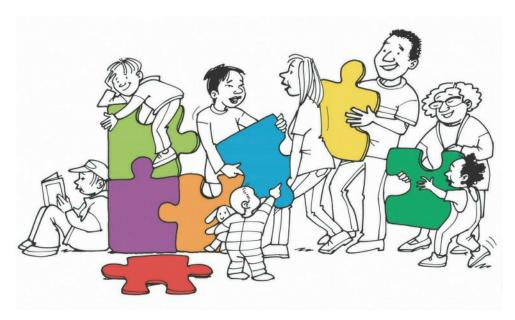




## come and find our

## how to get the best out of family life



We will be running a 6-week Nurturing Programme for Parents of children with ADHD

The sessions will begin at

Barnet Mencap, 35 Hendon Lane, Finchley N3 1RT

At 10am-12:30pm

On Friday 28<sup>th</sup> February 2020

And then continue on the following 5 Fridays

For more information or to book your space, please contact Project Support at projectsupport@barnetmencap.org.uk or on 020 8349 3842