



For parents of children with additional needs-
including ADHD, autism and learning disabilities

Telephone Parenting Support



**Do you need help,
ideas, strategies or
just somebody to
chat to during this
difficult time?**

We are offering telephone parenting support during the Covid-19 crisis as we are unable to offer our usual programme of workshops and courses

To get involved, please email
jenny.melling@barnetmencap.org.uk with your
name and telephone number